

# APRN/PA Pediatric Updates in Clinical Practice



**Wednesday, May 20, 2020**

Quaker Station  
135 South Broadway  
Akron, OH 44325



Akron  
Children's  
Hospital

## Who Should Attend

Nurse practitioners, nurse anesthetists, clinical nurse specialists, physician assistants, physicians, registered nurses and other professionals who work with children will benefit from attending this conference.

## Continuing Education

This program is pending 7.0 AAPA Category 1 credits for the Physician Assistant Review panel and 7.0 contact hours of CE with a potential for an additional 1.0 credits for poster presentations.

Akron Children's Hospital is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Providers should only claim credit commensurate with the extent of their participation in the activity.

Note: The CE/CME evaluation will be available for 30 days via CME Tracker. At the closure of this period, no CE/CME will be awarded and certificates cannot be reprinted.

## Special Accommodations

If you need special accommodations due to a disability, please notify the Advanced Practice Center no later than May 1, 2020 at 330-543-4780.

## Conference Objectives

- To develop a deeper awareness of personal ideas, stereotypes and assumptions related to gay, lesbian, bisexual, transgender, queer and questioning (LGBTQ+) individuals.
- To develop an increased comfort level in addressing concepts and language regarding LGBTQ+ communities.
- To develop an increased awareness of services in the community that supports LGBTQ+ and allied individuals.
- To develop a network and community to support people of all sexual orientations, gender identities, and gender expressions within our communities and in our workplaces.
- Recognize contributing factor to workplace stress and identify strategies to identify and deal with grief.
- Recognize common sports injuries in children and adolescents; discuss options for management of sports injuries in the ambulatory care setting; and, identify when to refer to orthopedics.
- Recognized symptoms of ADHD, depression and anxiety disorders in children and adolescents. Identify the role of psychotherapy in treatment planning; define which medications have evidence for use and when medication should be considered.
- Define common cognitive shortcuts, which may lead to diagnostic mishaps and describe a new laboratory test that may improve diagnostic accuracy.
- Define the major types of genetic mutations causing disease, describe indications for ordering genetic testing and differentiate diagnostic from non-diagnostic genetic testing results.



### Hotel Accommodations

#### **Courtyard by Marriott, Akron Downtown**

41 Furnace Street, Akron OH  
844-262-4920

#### **Double Tree Hotel – Fairlawn**

3150 West Market St. Akron, OH  
330-869-9000

#### **Sheraton Suites – Cuyahoga Falls**

1989 Front St. Cuyahoga Falls, OH  
330-929-3000

### Meals and Refreshments

Breakfast, lunch and refreshments, which have vegetarian/gluten-free options, are included with the sessions. If you have special dietary needs, please contact the Advanced Practice Center at 330-543-4780.

### Directions and Parking

For driving directions, visit [quakersquareakron.com](http://quakersquareakron.com). There is free, on-site parking at Quaker Station for attendees.

### Additional Information

If you have additional questions, please contact Ashley Fosnight, director secretary at the Advanced Practice Center at 330-543-4780 or [afosnight@akronchildrens.org](mailto:afosnight@akronchildrens.org)

### Registration

Akron Children's Hospital offers several registration and payment options. You must go online to register, but may pay electronically via CME Tracker or by check made payable to Akron Children's Hospital and mailed at the time of registration to:

#### **Advanced Practice Center**

**Attn: Ashley Fosnight**  
**300 Locust St., Suite 450A**  
**Akron, Ohio 44302**

#### **On-site Conference at Quaker Station**

Akron Children's Employees	\$130
Non-Akron Children's Attendees	\$160
Students	\$ 80

After April 19, 2020 \$185

On-site attendance at Quaker Station  
[www.akronchildrens.org/aprnpaupdate](http://www.akronchildrens.org/aprnpaupdate)

#### **Off-site Live Streaming**

Akron Children's Employees	\$100
Non-Akron Children's Attendees	\$130

Off-site registration closes May 6, 2020.

Off-site Live Streaming  
[www.akronchildrens.org/aprnpalivestream](http://www.akronchildrens.org/aprnpalivestream)

### Cancellation Policy

There will be no refunds for cancellations after May 8, 2020.

## Speakers

### **Ken Ditlevson**

Director, LGBTQ+ Center  
Kent State University

### **Cassandra Hirsh, DO**

Pediatric Palliative Care  
Akron Children's Hospital

### **Jessica Westfall, MSN, APRN-CNP**

Pediatric Orthopedics  
Akron Children's Hospital

### **Jeralyn Barnett, MSN, APRN-CNP**

Pediatric Orthopedics  
Akron Children's Hospital

### **Laura Markley, MD**

Child and Adolescent Psychiatry  
Akron Children's Hospital

### **Desimir Mijatovic, MD**

Child and Adolescent Psychiatry Fellow  
Akron Children's Hospital

### **Michael Redovian, MD**

Child and Adolescent Psychiatry Fellow  
Akron Children's Hospital

### **Blaise Congeni, MD**

Infectious Disease  
Akron Children's Hospital

### **Bruce H. Cohen, MD, FAAN**

Director, NeuroDevelopmental  
Science Center  
Akron Children's Hospital



## Akron Children's Hospital Planning Committee

**Teresa Fletcher, MSN, APRN-CNP**

**Ann Stratton, MSN, APRN-CNP**

**Julie Tsirambidis, DNP, APRN-CNP**

**Laura Abels, DNP, APRN-CNS**

**Shawnelle Contini, MSHS, PA-C**

**Megan Dahlheimer, MSN, APRN-CNP**

**Amanda Hubay, MSN, APRN-CNP**

**Jill Smith, MSN, APRN-CNP**

**LuAnn Kuhl, MSN, APRN-CNP**

**Dianne Kulasa-Luke, MSN, APRN-CNP**

**Stephanie Marszal, MSN, APRN-CNP**

**Melanie Shoaf, MSN, APRN-CNP**

**Jackie Pressman, MSN, APRN-CNP**

**Lindsay Schroeter, MSN, APRN-CNP**

**Amanda Feierabend, MSN, APRN-CNP**

**Jennifer Tatar, MSN, APRN-CNP**

**Ashley Fosnight**

## Conference Agenda

Wednesday, May 20, 2020

7 – 7:45 a.m.

### Registration and Breakfast

7:45 – 8 a.m.

### Welcome and Introduction of Keynote

*Teresa Fletcher, MSN, APRN-CNP*

*Ann Stratton, MSN, APRN-CNP*

8 – 9:30 a.m.

Creating a Safe Space for All Patients and Staff  
*Ken Ditlevson*

9:30 – 9:45 a.m.

### Questions and Break

9:45 – 10:45 a.m.

Grief in the Work Place  
*Cassandra Hirsh, DO*

10:45 – 11:30 a.m.

Common Orthopedic Sports Injuries  
*Jessica Westfall, MSN, APRN-CNP*  
*Jeralyn Barnett, MSN, APRN-CNP*

11:30 a.m. – 12:30 p.m.

### Lunch

12:30 – 1 p.m.

### Poster Presentations

1 – 2:30 p.m.

Mental Health Super Session:  
Depression, Anxiety, ADHD and Mood Disorders  
*Laura Markley, MD, Desimir Mijatovic, MD*  
*Michael Redovian, MD*

2:30 – 2:45 p.m.

Questions

2:45 – 3 p.m.

### Break

3 – 3:45 p.m.

Improved Diagnostic Labs to Improve Care with  
Infectious Disease  
*Blaise Congeni, MD*

3:45 – 4:30 p.m.

Genetics for Non-Geneticists: Interpreting the Microarray,  
Gene Sequencing and Exome Testing  
*Bruce H. Cohen, MD, FAAN*

4:30 – 4:45 p.m.

Questions for Infectious Disease and Genetics

4:45 – 5 p.m.

### Wrap-up and Conclusion

## Call for Abstracts

Submission deadline has been moved up to accommodate application for CME poster reviewers. We need a minimum of six posters to offer any CME for poster presenters.

**Deadline for submission:** Feb. 1, 2020 at 11:59 p.m.

Please submit presentations to [astratton@akronchildrens.org](mailto:astratton@akronchildrens.org)

**Guidelines for submission:** The poster should display a current advanced practice provider project including research, evidence-based practice or quality improvement-based. An advanced practice provider needs to be the principle investigator or the co-principle investigator for the project. The project should be clinically relevant and completed within the last two years. If the research is ongoing, it should demonstrate some measurable outcome at the time of presentation.

**Submission should include the following information:**

- Author(s) of poster
- Title of poster
- Abstract (300 words or less)
- Minimum of 2 goals for learning from Poster