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SCHOOL OF MEDICINE  
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**CLEVA**  
MEDICAL RESEARCH &  
EDUCATION FOUNDATION



**Cleveland Clinic**

# Pain Management & the Opioid Crisis: Balancing Quality & Patient Safety

**May 10-11, 2018**

Location: Embassy Suites

5800 Rockside Woods Blvd. N, Independence, OH 44131

[www.ClevelandPainConference.com](http://www.ClevelandPainConference.com)



## Meeting Objectives:

At the conclusion of this activity, the participant should be better able to:

- ◇ Identify and explain the impact of the opioid epidemic on clinical practice in primary care and pain management setting
- ◇ Provide a safe and practical approach for managing patients with intractable pain
- ◇ Recognize the biopsychosocial model of care as a paradigm shift and the use of complementary & alternative medicine
- ◇ Identify new concepts and management tools in chronic spine conditions

## Meeting Co-Chairs

- ◇ Ali Mchaourab, MD
- ◇ Preeti Gandhi, MD

## Educational Committee

- ◇ Ali Mchaourab, MD
- ◇ Preeti Gandhi, MD
- ◇ Ankit Maheshwari, MD
- ◇ Friedhelm Sandbrink, MD
- ◇ Andrew Cook, Ph.D
- ◇ Richard Rosenquist, MD
- ◇ Katharine Harpley, PAC
- ◇ Scott Ober, MD, MBA

## General Information

Fees cover continental breakfast, lunch and refreshment breaks on May 10, and May 11, 2018

Before or On April 1, 2018	\$ 245
After April 1, 2018	\$ 285
Fellow*/Resident*/Student*	\$180

\*Letter from program director is required to receive the discounted fee. If letter is not received two weeks prior to the activity, the full physician fee will be charged

## Agenda Day 1

7:30 a.m. **Registration/ Breakfast (provided)**

8 a.m. Welcoming remarks .....Program Chairs

### Plenary Lectures

8:10 a.m. Studying Impact of Prescription Opioids Using Natural Experiments in Health Care. ....Anupam Jena, MD, Ph.D.  
Opioids for Chronic Non-Malignant Pain:

The Evidence: ..... Erin Krebs, MD, MPH

### Module 1: Opioids for Chronic Non-Malignant Pain: Should We be Prescribing Them?

9:10 a.m. CDC Guidelines: Review and Interpretation .....Friedhelm Sandbrink, MD

9:40 a.m. **Break**

## Agenda Day 1 (continued)

- 10 a.m. Legacy Patients: Are My Patients Addicted?  
How Do We Assess the Risk? . . . . . Ali Mchaourab, MD & Jason Tuckerman, MD
- 11:15 a.m. Opioids and Psychiatric Disorders . . . . . Kevin Vowles, Ph.D
- Noon Panel Discussion /Q&A
- 12:30 p.m. **Lunch (provided)**
- Module 2: Risk Mitigation and Opioid Use Disorder**
- 1:30 p.m. Unexpected Urine Drug Test-How to Interpret . . . . . Samuel Samuel, MD
- 2:15 p.m. Medication Assisted Treatment and Harm Reduction. . . . . Eric Konicki, MD
- 3 p.m. Update on Non-Opioid Adjuvant Analgesics . . . . . Preeti Gandhi, MD
- 3:45 p.m. **Break**
- 4 p.m. Medical Marijuana in Chronic Pain-Review of Evidence. . . . . Michael Crane, Ph.D.
- 4:45 p.m. Panel Discussion/ Q&A
- 5:15 p.m. **Adjourn**

## Agenda Day 2

- 7:30 a.m. **Breakfast (provided)**
- Module 3: Management of Chronic Low Back Pain**
- 8 a.m. Review of American College of Physicians  
Guidelines for Low Back Pain. . . . . Ronald Tolchin, DO
- 8:45 a.m. Interventional Procedures for Low Back Pain:  
Review of Evidence . . . . . Richard Rosenquist, MD
- 9:30 a.m. **Break**
- 9:45 a.m. Surgical Spine Management:  
When to Refer for Surgery? . . . . . Christopher Furey, MD
- 10:30 a.m. Neuromodulation for Failed Back Syndrome:  
Indication and Review of Evidence . . . . . Elias, Veizi, MD, Ph.D
- 11:15 a.m. Panel Discussion/Q&A
- 11:45 a.m. **Lunch (provided)**
- Module 4: Psychological and Behavioral Aspects of Pain**
- 12:45 p.m. The Biopsychosocial Model for Chronic Pain:  
A Shifting Philosophy. . . . . Aram Mardian, MD
- 1:30 p.m. Cognitive Behavioral Therapy for Chronic Pain:  
Why Does It Work? . . . . . Andrew Cook, Ph.D
- 2:15 p.m. **Break**
- 2:30 p.m. How to Engage Your Patient:  
Motivational Interviewing . . . . . Farrah Thomas, Psy.D
- 3:15 p.m. Holistic and Integrative Pain Modalities. . . . . Kavitha Reddy, MD
- 4 p.m. Panel Discussion/Q&A
- 4:30 p.m. Closing Remarks
- 4:45 p.m. **Adjourn**

**PAIN MEDICINE SERVICE**  
**LOUIS STOKES CLEVELAND VAMC**  
**10701 EAST BLVD**  
**MAIL STOP: 3A-148**  
**CLEVELAND, OH 44106**

### **Registration Information:**

Register Online at [www.ClevelandPainConference.com](http://www.ClevelandPainConference.com)

### **Hotel Accommodations**

A limited block of rooms has been reserved at the Embassy Suites Rockside Independence Hotel until 5:00 p.m. ET Wednesday, April 10, 2018 for a special rate of \$141 plus tax. To make your reservations, please utilize the link provided at [www.ClevelandPainConference.com](http://www.ClevelandPainConference.com) or go to the <http://embassysuites3.hilton.com/en/hotels/ohio/embassy-suites-by-hilton-cleveland-rockside-CLEINES/index.html>, select an arrival date on/after 5/8/18, select a departure date on/before 5/11/2018, click "Add special rate codes", and enter "VET" under the group code

### **CME**

#### **Accreditation and Credit Designation Statements**

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 12.50 AMA PRA category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Further Information/Registration by Phone**

[www.ClevelandPainConference.com](http://www.ClevelandPainConference.com)

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